

# September 2019

## SCHEDULED ACTIVITIES

The Enrichment Center at Renaissance on 9th  
is Your Local Active Adult Center!  
EDUCATION • RECREATIONAL • SOCIAL • FOR THE 50+

1816 9TH STREET WEST, BRADENTON, FL 34205  
941-749-0100



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>2</b></p> <p>***CLOSED***</p> <p><b>Labor Day</b></p>	<p><b>3</b></p> <p>9am Group Walk <b>Free</b> 10:30am Silver Sneaker Classic <b>Free SS/\$5/\$7</b> 11:30am Tai Chi (Yang) <b>\$3/\$5</b></p>	<p><b>4</b></p> <p>9am Coffee Talk <b>Free</b> 9am Tai Chi (Wu) <b>\$3/\$5</b> 10am Cribbage <b>Free/\$2</b> 10am Belly Dance for Cancer <b>Free</b> 10am Bridge <b>Free/\$2</b> 12pm Silver Sneakers Yoga <b>Free SS/\$5/\$7</b></p>	<p><b>5</b></p> <p>9am–1pm Arts &amp; Crafts <b>Free Bring Your Own Supplies</b> 10am Yoga for Cancer <b>Free</b> 10:30am Silver Sneakers Classic <b>Free SS/\$5/\$7</b> 11:30am Tai Chi (Yang) <b>\$3/\$5</b></p>	<p><b>6</b></p> <p>9am Group Walk <b>Free</b> 9am–1pm Arts &amp; Crafts <b>Free Bring Your Own Supplies</b> 10am Dominoes <b>Free/\$2</b> 10am Game Time <b>Free</b> 10:30am Pinochle <b>Free/\$2</b></p>
<p><b>9</b></p> <p>9am Tai Chi (Wu) <b>\$3/\$5</b> 9:30am Euchre <b>Free/\$2</b> 11am Silver Sneakers Yoga <b>Free SS/\$5/\$7</b> 11am Writers Club <b>Free</b> 11:30 The Lunch Club <b>Free LUNCH PROVIDED. MUST RSVP TO GEORGENE BY THURSDAY, SEPTEMBER 5TH</b></p>	<p><b>10</b></p> <p>9am Group Walk <b>Free</b> 10:30am Silver Sneaker Classic <b>Free SS/\$5/\$7</b> 11:30am Tai Chi (Yang) <b>\$3/\$5</b></p>	<p><b>11</b></p> <p>9am Coffee Talk <b>Free</b> 9am Tai Chi (Wu) <b>\$3/\$5</b> 10am Cribbage <b>Free/\$2</b> 10am Belly Dance for Cancer <b>Free</b> 10am Bridge <b>Free/\$2</b> 12pm Silver Sneakers Yoga <b>Free SS/\$5/\$7</b></p>	<p><b>12</b></p> <p>9am–1pm Arts &amp; Crafts <b>Free Bring Your Own Supplies</b> 10am Book Club <b>Free/\$2</b> 10am Yoga for Cancer <b>Free</b> 10:30am Silver Sneakers Classic <b>Free SS/\$5/\$7</b> 11:30am Tai Chi (Yang) <b>\$3/\$5</b></p>	<p><b>13</b></p> <p>9am Group Walk <b>Free</b> 9am–1pm Arts &amp; Crafts <b>Free Bring Your Own Supplies</b> 10am Dominoes <b>Free/\$2</b> 10am Game Time <b>Free</b> 10:30am Pinochle <b>Free/\$2</b></p>

Events are subject to change or cancellation. Prices reflect Member/General Public rates.

The Enrichment Center at Renaissance on 9th is a PLUS Program powered by Meals on Wheels PLUS of Manatee.

**MONDAY****TUESDAY****WEDNESDAY****THURSDAY****FRIDAY****16**

9am Tai Chi (Wu) **\$3/\$5**  
 9:30am Euchre **Free/\$2**  
 11am Silver Sneakers Yoga  
**Free SS/\$5/\$7**  
 11am Writers Club **Free**

**17**

9am Group Walk **Free**  
 10:30am Silver Sneaker Classic  
**Free SS/\$5/\$7**  
 11:30am Tai Chi (Yang) **\$3/\$5**

**18**

9am Coffee Talk **Free**  
 1 9am Tai Chi (Wu) **\$3/\$5**  
 0am Cribbage **Free/\$2**  
 10am Belly Dance for Cancer **Free**  
 10am Bridge **Free/\$2**  
 12pm Silver Sneakers Yoga  
**Free SS/\$5/\$7**

**19**

9am–1pm Arts & Crafts  
**Free Bring Your Own Supplies**  
 10am Yoga for Cancer **Free**  
 10:30am Silver Sneakers Classic  
**Free SS/\$5/\$7**  
 11:30am Tai Chi (Yang) **\$3/\$5**

**20**

9am Group Walk **Free**  
 9am–1pm Arts & Crafts  
**Free Bring Your Own Supplies**  
 10am Dominoes **Free/\$2**  
 10am Game Time **Free**  
 10:30am Pinochle **Free/\$2**

**23**

9am Tai Chi (Wu) **\$3/\$5**  
 9:30am Euchre **Free/\$2**  
 11am Silver Sneakers Yoga  
**Free SS/\$5/\$7**  
 11am Writers Club **Free**

**24**

9am Group Walk **Free**  
 10:30am Silver Sneaker Classic  
**Free SS/\$5/\$7**  
 11:30am Tai Chi (Yang) **\$3/\$5**

**25**

9am Coffee Talk **Free**  
 9am Tai Chi (Wu) **\$3/\$5**  
 10am Cribbage **Free/\$2**  
 10am Belly Dance for Cancer **Free**  
 10am Bridge **Free/\$2**  
 12pm Silver Sneakers Yoga  
**Free SS/\$5/\$7**

**26**

9am–1pm Arts & Crafts  
**Free Bring Your Own Supplies**  
 10am Yoga for Cancer **Free**  
 10:30am Silver Sneakers Classic  
**Free SS/\$5/\$7**  
 11:30am Tai Chi (Yang) **\$3/\$5**

**27**

9am Group Walk **Free**  
 9am–1pm Arts & Crafts  
**Free Bring Your Own Supplies**  
 10am Dominoes **Free/\$2**  
 10am Game Time **Free**  
 10:30am Pinochle **Free/\$2**

**30**

9am Tai Chi (Wu) **\$3/\$5**  
 9:30am Euchre **Free/\$2**  
 11am Silver Sneakers Yoga  
**Free SS/\$5/\$7**  
 11am Writers Club **Free**



**Meals on Wheels PLUS**  
 OF MANATEE